

Milou Linen Color-Block Dress Tutorial and Free Pattern

Description







Gray, blue, black and other deep tones dominated our wardrobes for far too long this winter! Now that it's finally over, why not celebrate spring with an all-white color block dress? Our loose-fitted and partially gathered Milou dress combines two shades of white linens: an optic white and a buttery off-white for a monochromatic and very stylish look. All-white just elevates everything so much more, don't you think?

A perfect beginner project, this dress is a breeze to make and a pleasure to wear! Cut from our softened medium weight natural linen, it looks and feels effortless and chic.

Follow this easy tutorial and make this pretty little dress that will make you feel special.

Materials



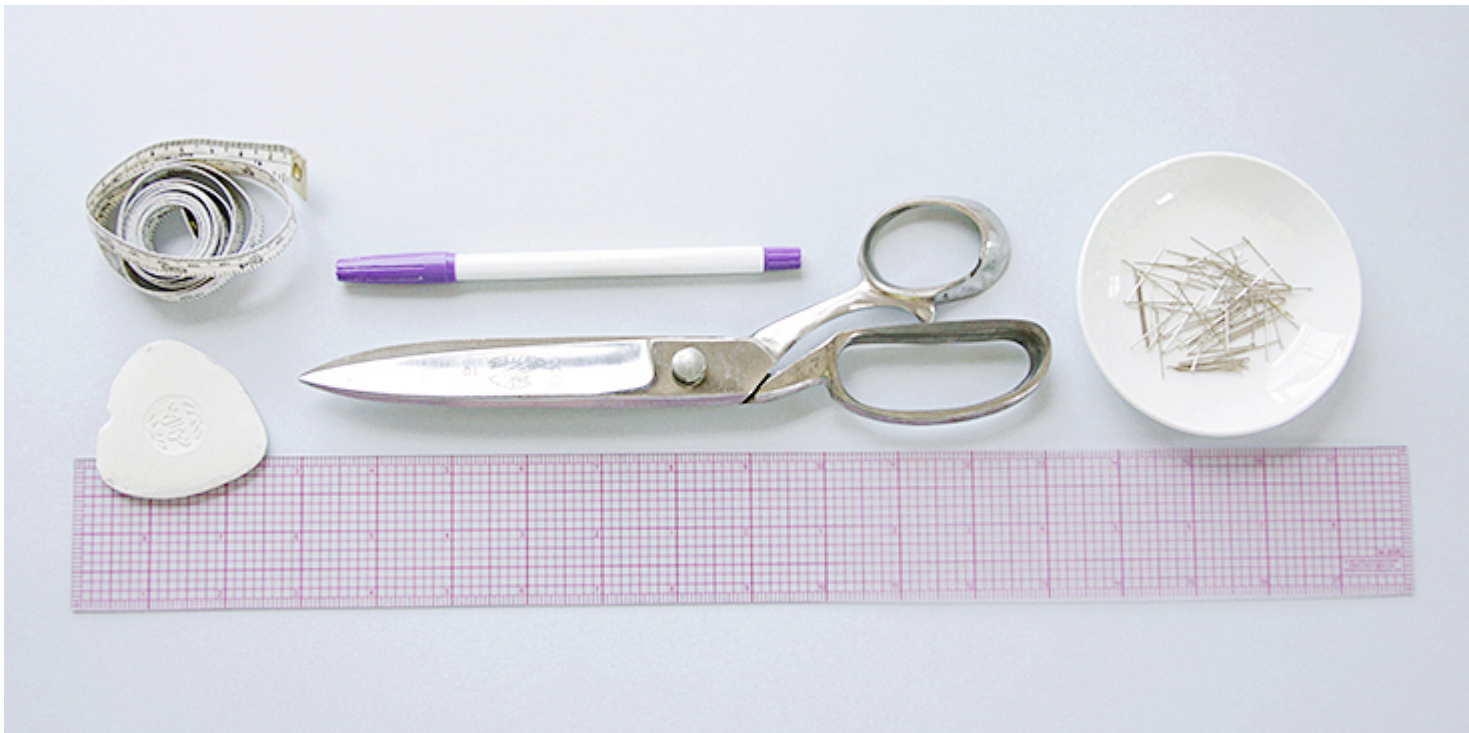
For our sample size S pictured in this tutorial: 2 yards of [IL019 KRISTA NATURAL Softened](#) and 1 yard of [IL019 OPTIC WHITE Softened](#) Medium

Weight Linen

Refer to the yardage table in the PDF pattern to determine the exact amount of fabric you will need to make this dress.

Matching sewing thread

Tools



Scissors, pins, ruler, chalk, seam ripper, needle, sewing machine

Difficulty

Beginner

Sewing Time

3-4 hours

Pattern

You can access the multi-sized printable PDF pattern by following this link [HERE](#). All seam allowances are included. The model is wearing size S. If you wish to add inseam pockets to your dress, you'll find the pocket template and the instructions in [this tutorial](#).

Remember to transfer all the notches onto your fabric.

Steps

Note: Prewash your fabric and tumble dry it until it is still slightly moist, dry at room temperature. Iron the fabric so it is easier to work with.

1. First, let's assemble the front panels together. To gather the skirt into the bodice, run two lines of basting stitches using a contrasting color thread from one notch to the other. For more instructions on how to gather fabric please check our tutorial [HERE](#).



Pin the contrasting bodice piece to the bodice/skirt panel matching the raw edges right sides together.



2. Sew along the pinned edges at a 3/8" (1 cm) seam allowance and finish

the seams together with your preferred method (serger or a zigzag stitch) to prevent the fabric from fraying. Press the finished seam allowances away from the inset.



3. Repeat same steps for the back.
4. Pin and sew (3/8" seam allowance) the back and the front panels right sides together at the shoulders. Press the seams towards the back.



5. Bind the neckline following the instructions in [this step-by-step tutorial](#).



6. Sew the two contrasting panels of a sleeve right sides together and finish the seam. Press flat to one side.



7. Pin the color blocked sleeve to the left armhole right sides together.



8. Sew at a $3/8$ " seam allowance, finish the seams and press towards the sleeve.



9. Pin (matching underarm seams) and stitch the side seams and the underarms all in one seam at a $\frac{3}{8}$ " (1 cm) seam allowance then finish the raw edges with a serger or a zigzag stitch and press towards back.



10. Attach the other sleeve.

11. Finish the sleeve openings with a rolled hem. Fold the fabric twice to the wrong side ($3/8''$ to $1/2''$). Press, pin and edgestitch.





12. Lastly, finish the hem: fold the fabric twice to the wrong side ($\frac{3}{8}$ " to $\frac{1}{2}$ "). Press, pin and edgestitch.



And you are all done! We love seeing what you make! Don't forget to share

your pictures and tag your creations with #FabricsStoreMilouPattern hashtag.

We just love how this dress looks in all-white color-blocking. But you can create any combination you like! Browse [our selection of linen fabrics](#) and find the fabric that inspires you!

CATEGORY

1. FREE PATTERNS
2. TUTORIALS

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